

ART & CREATIVITY

Life Drawing & Painting Mondays

Long poses. Untutored. No need to book
10.30am-1pm. **Upstairs Studio**

Term 1: From 4 February

Term 2: From 29 April

\$18/\$16 conc. per session or 5 class pass \$80

Life Drawing & Painting Tuesdays

Short to long poses. Untutored. No need to book
10:30am-1pm. **Upstairs Studio**

Term 1: From 5 February

Term 2: From 23 April

\$18/\$16 conc. per session or 5 class pass \$80

Life Drawing on Sundays

Monitored by the LMS. Enquiries Patrick 0433 911 843.

Short to longer poses.

10:30am-12:30pm. **Upstairs Studio**

Term 1: From 3 February

Term 2: From 5 May

\$20/18 conc.

Life Models Society Life Drawing Salons 2019

Enquiries: Life Models Society – **Patrick 0433 911 843**

Enjoy 10 days of drawing the best models. All models from LMS. No need to book, just come along. Easels and boards provided and low cost paper is available.

Autumn Salon. Saturday & Sunday, 13 & 14 April

Winter Salon. Saturday & Sunday, 6 & 7 and 13 & 14 July

10:30am-1pm Short poses : 1:30pm-4pm Long poses

5 session pass \$90 or \$20/18 Upstairs Studio

Tutored Life drawing for Beginners

Tutor: *Patrick Loverso*. Call 0433 911 843 to book.

Come and learn to draw the human figure guided by an experienced Artist and Tutor. Advanced students are also welcome. Materials provided.

Saturday Afternoons 3pm-5pm

Term 2, 4 May to 29 June, 9 weeks

\$280 Upstairs Studio

Portraiture: An Introduction AC22

Garry Anderson is offering a short introductory 5-week portraiture class. In the course, Garry will focus on a sensitive approach to capturing the essences of a sitter in line and colour. Any medium may be used. (min. 7 enrolments)

Mondays 6pm-8pm. Term 4 (5 weeks)

\$260 (EB/conc. \$250) Upstairs Studio

Japanese Ink Art 1 Day Workshop AC19

Tutor: *Junko Azukawa*. Learn different Sumi ink tones and brush techniques to create artwork on washi paper made from mulberry and the history and meaning of the characters.
Saturday 4 May 1pm-4pm, Paper pack included (*min 7 enrol*)
\$75 (EB \$70) Downstairs classroom

General Drawing AC25

Tutor: *Salvatore Trigila*. Enjoy 5 weeks of drawing with an experienced teacher and artist of 25 years. For beginners and experienced students, the course will examine different forms of drawing. (Min. 6 enrolments) (No class 9 June)
Sundays 2 – 4pm. 26 May, 2, 16, 23 & 30 June (5 weeks)
\$145 (EB/conc \$135) Upstairs studio & gallery visit.

Floral Ink Painting Workshop AC 26

Tutor: *Sofie Dieu*, born in France, is a culturally and linguistically diverse, multi-art prizes and award finalist artist. This workshop has a strong emphasis on Australian native plants or succulents and is ideal for artists interested in approaching floral painting in a detailed, yet creative way.
Saturday 10am – 4pm. 27 July. (min 8 enrolments)
\$150 Upstairs studio <https://www.sofie-dieu.com/>

Please enrol early to avoid disappointment. Minimum numbers are required for classes to run.

MUSIC

String Group TM4 Co-ordinator: *Dianna Walpole*.

For beginners and returning musicians of violin, viola, cello or bass. BYO instrument, music stand and sense of humour. Music supplied, all ages welcome.

Friday evenings (fortnightly) 6:30pm-8pm

Sem 1; 15 Feb; 1,15,29 Mar; 26 Apr,10,24 May; 7,21 Jun

\$7 per session or \$45 per semester. Upstairs Studio

Choir /Sing Group – Expressions of interest please

We are looking at starting a singing group one night of the week during the term. If you are interested and have a preference, ie musical styles, weekly or fortnightly, time, evening, day, please email your suggestions.

Early Bird prices apply to all enrolments and payments completed ONE WEEK before class commences.

Please note the PHCC is an early 20th Century building & regrettably does not have disability access

Program run by an independent provider.

HEALTH & WELLBEING

Tai Chi and Qigong HW02

Instructor: *Kheng Lau*. Tai chi and Qigong are both ancient Chinese health exercises. Tai chi involves slow, gentle movements, enabling harmony in mind and body. The Tai Chi routine taught is the 24 form Yang style. Qigong combines movements with mental concentration and controlled breathing to promote relaxation and facilitate healing. Qigong is often practiced as a complement to Tai chi.

Wednesday 7.30pm-8.30pm

Term 2: from 1 May, 9 weeks, \$113 (EB \$108)

Upstairs Studio NB Please see your doctor before enrolling

Women's Circle ## New

Facilitator: *Sophia Leone*. Women's circles are a safe place for women to come together to realign with their divine feminine power, to heal, and to connect deeply with one another. Open to all that identify as female.

Friday 7pm to approx. 10pm. Monthly.

8 Feb; 8 Mar; 5 April; 3, 31 May; 28 June

\$33 Upstairs studio

For more info please go to www.earthisashe.com or www.facebook.com/earthisashe. To book your ticket go to <https://earthisashewomenscirclecarlton.eventbrite.com.au>

LITERATURE

Writing Your Memoir - with Maureen McCarthy WYM

Renowned YA Author *Maureen McCarthy* is offering a memoir writing workshop. Through a series of structured workshops, she will help you explore your life and experiences through writing. Sharing skills she has learnt, along with hints on how to avoid common pitfalls. Come along! Be prepared to work, share and have fun in a relaxed, supportive environment. (Minimum enrolments 7)

Thursdays 10:45am-12:15pm.

Date. TBC Term 3. 5 weeks.

\$220 for 5 weeks Downstairs Classroom

Tuesday Night Book Club DW01

Enjoy lively and informative discussions about books chosen by members. Book titles for the year available on the PHCC website www.princeshill.org.au

7:30pm-9pm. Second Tuesday of the month.

12 Feb; 12 Mar; 9 Apr; 14 May; 11 Jun;

9 Jul; 13 Aug; 10 Sept; 8 Oct; 12 Nov; 10 Dec.

\$35 for semester or \$65 per year.

Downstairs Classroom

COMMUNITY CLASSES SPONSORED BY THE CITY OF YARRA

*Bridge Classes FREE

Facilitator: *Ian Mansell*. Keep the mind active with a tutored and supervised Bridge class. Suitable for beginners and those wishing to improve their game.

Tuesdays weekly 2.15-4.15pm. Downstairs Classroom 5,12,19,26 February; 5,12,19,26 March; 2, 30 April;7,14,21,28 May; 4,11,18,25 June.

*Chinese Style Mahjong FREE

Great exercise for the brain. Fun, interactive and open to those who have played before and newcomers. All welcome. **Wednesdays fortnightly 1-3.30pm. Downstairs Classroom 6, 20 Feb; 6,20 Mar; 3 Apr; 1, 15, 29 May;12,26 June; 24 Jul; 7, 21 Aug; 4,18 Sep; 16, 30 Oct; 13,27 Nov; 11 Dec**

*Sewing & Craft Circle FREE

We are keen to encourage sustainable practises and promote the up styling, recycling and reusing of clothes and materials. Sewing machine, Overlocker and Iron available. Enjoy a chat while you work on a project, new or old, sewing, knitting, patchwork or other craft.

Tuesdays 6.00 – 8.00pm 1 & 3 Tuesday Monthly 7,21 May; 4,18 June; 16 Jul;6, 20 Aug; 3, 17 Sep; 15 Oct; 19 Nov; 3,17 Dec.

*Rooftop Honey

Learn practises you can begin in your garden to ensure a Bee Friendly environment, complimentary seed packets will be given out to start you on this sustainable path. PHCC Upstairs **\$5.00 Registration fee. Please go online to our website.**

*Plant Propagation FREE

Learn how to take and strike cuttings and pot...plants! Ornamental and Edible varieties will be used for you to take home, all supplies including gloves and masks provided. Presented by Railway House NH Gardening Group. **\$5.00 Registration fee. Please go online to our website.**

*Food Fermentation Workshop FFW

A fun workshop to make kimchi and sauerkraut and learn about creating sourdough bread starters. Please bring glass jars and an apron. **Saturday March 30th 1 - 3.30pm Upstairs FREE 1pm- 3.30pm Sat 27 July \$5.00 Please register online**

*Amess Street and Churchill Island

Dr. E. Rebecca Sanders who completed her PhD on the History of Churchill Island will speak about its prominent place in Victoria's Settlement and its relationship to Amess St. **Sunday April 28th 2 - 4pm. \$5.00 Please register online**

*Geneology DNA Testing

Jenny Redman of the Genealogical Society of Victoria will outline for you the usefulness of these kits and how to apply them in your quest to find your ancestors.

Sunday May 5th 2.30 - 4pm PHCC Upstairs \$5.00 Please go online to register

*Edible Weed Walk with Adam Grubb

Departs from Royal Park Train Station, approx. 2 hours. An entertaining and informative walk, identifying edible weeds with *Adam Grubb*, blogger and consultant at Very Edible Gardens, who is also one of the authors of *The Weed Foragers Handbook*. **\$10 Sunday May 19th 11 – 1pm \$10 Please register online.**

*Kokedama – Japanese craft

A Japanese word for moss ball. Involves creating a ball of soil around a plant's roots wrapping it in string or twine to create an ornamental hanging. **Sunday 26 May 2-4pm. PHCC Downstairs FREE! Registrations must be made online at our website**

Jar Exchange

Bring any clean small jars with lids and recycle them. If you need jars for preserving, please come in and collect some!

LOCAL HISTORY

Melbourne General Cemetery Walk MGC **

Join *Jeff Atkinson*, a local historian and author, and tour through the historic Melbourne Cemetery to learn about the some of the fascinating characters buried there.

Saturday 27 April, 10am-12 noon. \$10. Start: Princes Hill Community Centre, 5 Bagung Lane

South Carlton Walk SWC **

Walk through the historic and interesting streets of South Carlton to find remnants of the 1860s before the era of the cast-iron terraces, and learn something of Carlton's most notorious crimes, notable migrants, and recent controversies.

Saturday 10am – 12 noon. 18 May. \$10 Starting: Church of All Nations corner Palmerston and Drummond Streets, Carlton

**Both walks are part of the 2019 *Australian Heritage Festival* are presented by the Princes Hill Community Centre & Carlton Community History Group.



The PHCC acknowledges the valuable support of the City of Yarra & PHSC



CARLTON
COMMUNITY
HISTORY
GROUP

Recording the Past and Present for the Future



PRINCES HILL COMMUNITY CENTRE

Semester 1, 2019

DAY, EVENING & WEEKEND
CLASSES & WORKSHOPS

Celebrating our 45th year as your Community Centre



Rear 270 Macpherson St. / 5 Bagung Lane
Princes Hill 3054 Ph. 9387 7740
Melways Ref: 29H12

Map available on our website

Email: enquiries@princeshill.org.au
For information & to enrol go to
www.princeshill.org.au

Office Hours
Monday 10:30am – 2.30pm
Tuesday 10.00am - 4.00pm