

## ART & CREATIVITY

### Life Drawing & Painting Mondays

Long poses. Untutored. No need to book  
10.30am-1pm. **Upstairs Studio**

Term 1: From 4 February

Term 2: From 29 April

**\$18/\$16 conc. per session or 5 class pass \$80**

### Life Drawing & Painting Tuesdays

Short to long poses. Untutored. No need to book  
10:30am-1pm. **Upstairs Studio**

Term 1: From 5 February

Term 2: From 30 April

**\$18/\$16 conc. per session or 5 class pass \$80**

### Life Drawing on Sundays ##

Monitored by the LMS. Enquiries Patrick 0433 911 843.

Short to longer poses.

10:30am-12:30pm. **Upstairs Studio**

Term 1: From 3 February

Term 2: From 5 May

**\$20/18 conc.**

### Life Models Society Life Drawing Salons 2018 ##

**Enquiries:** Life Models Society – **Patrick 0433 911 843**

Enjoy 10 days of drawing the best models. All models from LMS. No need to book, just come along. Easels and boards provided and low cost paper is available.

**Autumn Salon. Saturday & Sunday, 13 & 14 April**

**Winter Salon. Saturday & Sunday, 6 & 7 and 13 & 14 July**

**10:30am-1pm Short poses : 1:30pm-4pm Long poses**

**5 session pass \$90 or \$20/18** Upstairs Studio

### Tutored Life drawing for Beginners ##

Tutor: *Patrick Loverso*. Call 0433 911 843 to book.

Come and learn to draw the human figure guided by an experienced Artist and Tutor. Advanced students are also welcome. Materials provided.

**Saturday Afternoons 3pm-5pm**

**Term 2, 4 May to 29 June, 9 weeks**

**\$280** Upstairs Studio

### Paper Sculpture day Workshop AC22

A new, exciting art and paper sculpture workshop with tutor *Anzara Clark*. Participants can create a sculpted work of art to take home on the day. Class notes & some materials provided. **Saturday TBC 11am-4pm**

**\$90 (\$85 EB rate) Downstairs Classroom**

### Portraiture: An Introduction AC22

*Garry Anderson* is offering a short introductory 5-week portraiture class. In the course, Garry will focus on a sensitive approach to capturing the essences of a sitter in line and colour. Any medium may be used. (min. 7 enrolments)

**Mondays 6pm-8pm. 4 Feb – 4 Mar. (5 weeks)**

**\$260 (EB/conc. \$250) Upstairs Studio**

### Japanese Ink Art 1 Day Workshop AC19

Tutor: *Junko Azukawa*. Learn different Sumi ink tones and brush techniques to create artwork on washi paper made from mulberry and the history and meaning of the characters.

**Saturday 4 May 1pm-4pm**, Paper Pack included.

**\$75 (EB \$70) Downstairs classroom**

### General Drawing AC25

Tutor: *Salvatore Trigila*. Enjoy 5 weeks of drawing with an experienced teacher and artist of 25 years. For beginners and experienced students, the course will examine different forms of drawing.

**Sundays 2 – 4pm. 10 March – 7 April (5 weeks)**

**\$145 (EB/conc \$135) Upstairs studio & gallery visit.**

### Floral Ink Painting Workshop AC 26

Tutor: *Sofie Dieu*, born in France, is a culturally and linguistically diverse, multi-art prizes and award finalist artist.

This workshop has a strong emphasis on Australian native plants or succulents and is ideal for artists interested in approaching floral painting in a detailed, yet creative way.

**Saturday 10am – 4pm. 27 April.**

**\$150 Upstairs studio** <https://www.sofie-dieu.com/>

## MUSIC

### String Group TM4 Co-ordinator: *Dianna Walpole*.

For beginners and returning musicians of violin, viola, cello or bass. BYO instrument, music stand and sense of humour.

Music supplied, all ages welcome.

**Friday evenings (fortnightly) 6:30pm-8pm**

**Semester 1: 15 Feb; 1,15 & 29 March; 26 April 10.24 May; 7 & 21 June.**

**\$7 per session or \$45 for semester. Upstairs Studio**

*Early Bird prices apply to all enrolments and payments completed ONE WEEK before class commences. Payments may be by direct debit, cash or cheque. Enrol via the website online or complete printed enrolment form also available on the website. Payment details are on the enrolment form.*

Please enrol early to avoid disappointment. Minimum are numbers are required for classes to run.

## HEALTH & WELLBEING

### Tai Chi and Qigong HW02

Instructor: *Kheng Lau*. Tai chi and Qigong are both ancient Chinese health exercises. Tai chi involves slow, gentle movements, enabling harmony in mind and body. The Tai Chi routine taught is the 24 form Yang style. Qigong combines movements with mental concentration and controlled breathing to promote relaxation and facilitate healing. Qigong is often practised as a complement to Tai chi.

**Wednesday 7.30pm-8.30pm**

**Term 1: from 6 February, 9 weeks, \$113 (EB \$108)**

**Upstairs Studio**

**\*\* NB Please see your doctor before enrolling**

### Women Circle ## New

Facilitator: *Sophia Leone*. Womens circles are a safe place for women to come together to realign with their divine feminine power, to heal, and to connect deeply with one another. Open to all that identify as female.

**Friday 7pm to approx. 10pm. Monthly.**

**8 Feb; 8 Mar; 5 April; 3 & 31 May; 14 June**

**\$33 Upstairs studio**

For more info please go to [www.earthisashe.com](http://www.earthisashe.com) or [www.facebook.com/earthisashe](https://www.facebook.com/earthisashe). To book your ticket go to <https://earthisashewomenscirclecarlton.eventbrite.com.au>

## LITERATURE

### Writing Your Memoir - with Maureen McCarthy WYM

Renowned YA Author *Maureen McCarthy* is offering a memoir writing workshop. Through a series of structured workshops, she will help you explore your life and experiences through writing. Sharing skills she has learnt, along with hints on how to avoid common pitfalls. Come along! Be prepared to work, share and have fun in a relaxed, supportive environment. (Minimum enrolments 7)

**Thursdays 10:45am-12:15pm.**

**7,14, 21, 28 March & 4 April. 5 weeks.**

**\$220 for 5 weeks Downstairs Classroom**

### Tuesday Night Book Club DW01

Enjoy lively and informative discussions about books chosen by members. Book titles for the year available on the PHCC website [www.princeshill.org.au](http://www.princeshill.org.au)

**7:30pm-9pm.** Second Tuesday of the month.

**12 Feb; 12 Mar; 9 Apr; 14 May; 11 Jun;**

**9 Jul; 13 Aug; 10 Sept; 8 Oct; 12 Nov; 10 Dec.**

**\$35 for semester or \$65 per year.**

**Downstairs Classroom**

## COMMUNITY CLASSES SPONSORED BY THE CITY OF YARRA

### \*Bridge Classes FREE

Facilitator: *Ian Mansell*. Keep the mind active with a tutored and supervised Bridge class. Suitable for beginners and those wishing to improve their game.

**Tuesdays weekly 2.15-4.15pm. Downstairs Classroom 5,12,19,26 February; 5,12,19,26 March; 2, 30 April;7,14,21,28 May; 4,11,18,25 June.**

Downstairs classroom.

### \*Chinese Style Mahjong FREE

Great exercise for the brain. Fun and interactive community games group open to those that have played before and newcomers wanting to learn. All welcome.

**Wednesdays fortnightly 1-3.30pm.**

**6, 20 Feb; 6,20 Mar; 3 Apr; 1, 15, 29 May;12,26 June; 24 Jul; 7, 21 Aug; 4,18 Sep; 16, 30 Oct; 13,27 Nov; 12 Dec Downstairs Classroom**

### \*Sewing & Craft Circle FREE

We are keen to encourage sustainable practises and promotes the up styling, recycling and reusing of clothes and materials. A chance to complete a project that has been in the cupboard. Sewing machine, Overlocker and Iron available. Enjoy a chat while you work on a project, new or old, sewing, knitting, patchwork or other craft.

**Tuesdays 6.00 – 8.00pm 1 & 3 Tuesday Monthly 5, 19 Feb; 5,19 Mar; 2,16 Apr; 7,21 May; 4,18 June; 16 Jul;6, 20 Aug; 3, 17 Sep; 15 Oct; 19 Nov; 3,17 Dec. Downstairs classroom.**

## SUSTAINABLE ENVIRONMENTAL PRACTICE

### Food Fermentation 1 Day Workshop FFW

Facilitator: *Anne Douglas*. Come for a fun afternoon workshop making kimchi and sauerkraut and learn about creating sourdough bread starters. Course notes and glass jars provided but bring apron. **1pm- 3.30pm Sat 30 March. \$40 (EB/conc. \$35) Upstairs Kitchen**

### Jar Exchange

Bring any clean small jars with lids and recycle them. If you need jars for preserving, please come in and collect some!

**Urban Agriculture Communal Composting bin** – A shared community composting bin is now situated at the rear of the PHCC building. Members of the community are welcome to add to the bin. Please add only organic matter. Further information is on the PHCC website and on the bin.

## LOCAL HISTORY

### Melbourne General Cemetery Walk MGC \*\*

Guide: *Jeff Atkinson*

Join Jeff, a local historian and author, and tour through the historic Melbourne Cemetery to learn about the some of the fascinating and notorious characters buried there.

**Saturday 27 April, 10am-12 noon. Cost \$10.**

**Start: Princes Hill Community Centre, 5 Bagung Lane**

### South Carlton Walk SWC \*\*

Guide: *Jeff Atkinson*

Walk through the historic and interesting streets of South Carlton to find remnants of the 1860s before the era of the cast-iron terraces, and learning something of Carlton's most notorious crimes, notable migrants, and more recent public controversies.

**Saturday 10am – 12 noon. 18 May. Cost \$10**

**Starting: Church of All Nations corner Palmerston and Drummond Streets, Carlton**

\*\*Both walks are part of the 2018

*Australian Heritage Festival*

and are presented by the Princes Hill Community Centre & Carlton Community History Group.



CARLTON  
COMMUNITY  
HISTORY  
GROUP

Recording the Past and Present for the Future

**Volunteers** - Please contact us to get involved.

**PHCC Venue Hire:** Studio & Classroom spaces available for hire. Please contact us if you are interest

## Program run by an independent provider.

\* Programs sponsored by the City of Yarra

***If you would like to sign up to our email list please go to our website to register***  
**[www.princeshill.org.au](http://www.princeshill.org.au)**



The PHCC acknowledges the valuable support of the City of Yarra & Princes Hill Secondary College.



***Please note the PHCC is an early 20th Century building & regrettably does not have disability access.***



# PRINCES HILL COMMUNITY CENTRE

Semester 1, 2019

## DAY, EVENING & WEEKEND CLASSES & WORKSHOPS

Celebrating our 45th year as your Community Centre



Rear 270 Macpherson St. / 5 Bagung Lane  
Princes Hill 3054 Ph. 9387 7740  
Melways Ref: 29H12

Map available on our website

Email: [enquiries@princeshill.org.au](mailto:enquiries@princeshill.org.au)  
For information & to enrol go to  
[www.princeshill.org.au](http://www.princeshill.org.au)

Office Hours  
Tuesdays 10:00am - 4:00pm  
Wednesday 12pm - 4.00pm