

ART & CREATIVITY

Life Drawing & Painting Mondays **

Long poses. Untutored. No need to book

10.30am-1pm during school terms. Upstairs Studio
Ongoing week-to week through the school holidays
\$18/\$16 conc. per session or 5 class pass \$75

Life Drawing & Painting Tuesdays **

Short to long poses. Untutored. No need to book

10:30am-1pm. Upstairs Studio Ongoing week-to week
through the school holidays
\$18/\$16 conc. per session or 5 class pass \$75

Life Drawing on Sundays ## **

Monitored by the LMS. Enquiries Patrick 0433 911 843.

Short to longer poses. Upstairs Studio

Sundays 10:30am-12:30pm. Term 3: from Sun 22 July;
Term 4: from Sun 14 October
\$18/16 conc.

Life Models Society Life Drawing Salons 2018 ## **

Enquiries: Life Models Society – Patrick 0433 911 843

Enjoy drawing the best models in town. All models from LMS.

Spring: Sat 29 Sept & 6 Oct, Sunday 30 Sept & 7 Oct
Short poses 10:30am-1pm: Long poses 1:30pm-4pm
5 session pass \$75 or \$18/16

Tutored Life Drawing for Beginners ## **

Tutor: *Patrick Loverso*. Call 0433 911 843 to book.

Come and learn to draw the human figure guided by an experienced Artist and Tutor. Advanced students are also welcome. Materials provided. **Upstairs Studio**

Sat 3pm-5pm from 21 July-15 Sep 9 weeks \$280

Watercolours AC24 NEW 2018 Tutor: *Chip Kaufman*

Accomplished watercolourist Chip is offering a 5-week course for beginners and more experienced students. Learn a new skill from an artist with 30 years experience. Course notes provided. (Minimum 6 enrolments)

Mondays 6pm-9pm, 1 – 29 October \$240 (Early Bird \$230)
5 weeks, Upstairs Studio

Art Therapy Workshop AC26** NEW *Marlene Habib*.

Enjoy six weeks of Art Therapy with an experienced teacher and therapist - for beginners and experienced students.

Examine different forms of creative expression, plus mindfulness practices. Some materials provided.

Saturdays 12pm–2pm Future dates TBC
\$220 for 6 weeks. Upstairs Studio

General Drawing AC25 ** NEW 2018

Tutor: *Salvatore Trigila*. Enjoy 5 weeks of drawing with an experienced teacher and artist of 25 years. For beginners and experienced students, the course will examine different forms of drawing. *No class Nov 4* (minimum 6 enrolments)
Sundays 2pm-4pm 14, 21, 28 Oct; 11, 18 Nov (5 weeks)
\$135 (EB/conc. \$125) Upstairs Studio & 1 gallery visit

Portraiture: An Introduction C 22 ## **

Garry Anderson is offering a short introductory 5-week portraiture class. In the course, Garry will focus on a sensitive approach to capturing the essences of a sitter in line and colour. Any medium may be used. (min. 7 enrolments)

Mondays 6pm–8pm. 12 Nov – 10 Dec. (5 weeks)
\$250 (EB/conc. \$235) Upstairs Studio

Paper Sculpture Workshop AC22

A new, exciting art and paper sculpture workshop with tutor *Anzara Clark*. Participants can create a sculpted work of art to take home on the day. Class notes & some materials provided. **Saturday 10 November, 11am–4pm**

\$85 (\$80 EB rate) Downstairs Classroom

Japanese Ink Art AC19

Tutor: *Junko Azukawa*. Learn different Sumi ink tones and brush techniques to create artwork on washi paper made from mulberry and the history and meaning of the characters. **Saturday 17 November, 1pm-4pm**, Paper Pack included.

\$65 (EB \$60) Downstairs classroom

LITERATURE

Writing Your Memoir - with Maureen McCarthy WYM

Renowned YA Author *Maureen McCarthy* is offering a memoir writing workshop. Through a series of structured workshops, she will help you explore your life and experiences through writing, sharing skills she has learnt, along with hints of how to avoid common pitfalls. Come along! Be prepared to work, share and have fun in a relaxed, supportive environment. **Thursdays 10:45am-12:15pm.**

11, 18, 25 October; 1, 8 November.
\$220 for 5 weeks (Minimum 6 enrolments)

Tuesday Night Book Club DW01

Enjoy lively and informative discussions about books chosen by members. Book titles for the year available on the PHCC website www.princeshill.org.au

7:30pm–9pm. Second Tuesday of the month. Remaining 2018 Dates: 18 Sept; 9 Oct; 13 Nov; 11 Dec. \$35 for semester or \$65 per year. Downstairs Classroom

SUSTAINABLE ENVIRONMENTAL PRACTICE

Food Fermentation Workshop FFW

Facilitator: *Anne Douglas*. Come for a fun afternoon workshop making kimchi and sauerkraut and learn about creating sourdough bread starters. Course notes and glass jars provided but bring apron. **1pm– 3.30pm**
Sat 17 November. \$40 (EB/conc. \$35) Upstairs Kitchen

Jar Exchange

Bring any clean small jars with lids and recycle them. If you need jars for preserving, please come in and collect some!

Urban Agriculture

Two Wicking Planter Boxes are set up next to the studio door of PHCC.

HEALTH & WELLBEING

Pilates After Work HW01 **

Instructor: *Hailey Fernandez*. Don't go home and flop on the couch after work – join our Pilates class! **Tues 6pm-7pm.**
Term 4: from 9 Oct 10 weeks, \$125 (EB \$120) casual \$15

Tai Chi HW02 **

Instructor: *Kheng Lau*. Slow gentle movements that maintain mobility and fitness. (*Please check with teacher if new*)

Wednesday 7.30pm-8.30pm
Term 4: from 10 October 10 weeks, \$125 (EB \$120)

Hatha Yoga HW06 **

Instructor: *Teresa Batten*. A hatha yoga class tailored for beginners to students of all levels. Yoga mats, props and blankets provided. **Thursdays 7pm-8pm**

Term 4: from 11 Oct 10 weeks \$120 (EB \$120) casual \$15

Yoga For the Young at Heart HW11 **

Instructor: *Teresa Batten*. As part of the 2018 Victorian Seniors Festival, a relaxing yoga class tailored for all levels of experience. **Morning tea provided** **NO CHARGE –**

Sponsored by the City of Yarra
Saturday 27 October 10:30am-12:30pm

Essential Oils for Health and Wellbeing HW10 **

Facilitator: *Lucy Bouchier*. Learn how Essential Oils can support physical, emotional and mental health and wellbeing. Oils available for purchase on the day.

Sat 15 September 11:30am–1:30pm, \$10

5 Class Passes \$70 - valid for any PHCC pilates or yoga sessions. **Casual attendance** \$15 subject to availability.

**** Upstairs Studio. NB Please see your doctor before taking fitness classes. Mats & blankets provided**

COMMUNITY sponsored by City of Yarra Community Grants

***Sewing & Craft Circle** Gold coin donation

Facilitator: *Denise O'Hare*. A friendly, creative and relaxing evening. Mend, create something new from old, complete a project that has been in the cupboard. Sewing machine and iron available. No need to book. **Thursdays monthly 6pm-8pm. Remaining 2018 dates: 13 Sep; 11 Oct; 8 Nov; 13 Dec**

***Bridge Classes** Gold coin donation

Facilitator: *Ian Mansell*. Keep the mind active with a tutored and supervised Bridge class.
Tuesdays weekly during school terms, 2.15pm-4.15pm. Term 4: from 9 October

***Chinese Style Mahjong** Gold coin donation

Facilitator: *Stephen Chan*. Fun and interactive community games sessions.
Wednesdays fortnightly 1pm-4pm. During school terms, Term 4 from Wed 17 October


***Mosaic introduction AC21** Co-ordinator: *Dianna Walpole*. Create a mosaic for your garden, balcony, courtyard or backyard. Create something individual and colourful, maybe with memories of something special. Some materials provided but bring tiles and broken crockery to include in your mosaic and pot, paver, base to work on.
Sunday 28 Oct 1pm - 5pm. **Please register if attending

***Fold a Christmas Tree AC27** Gold coin donation

Instructor: *Anzara Clark*. Join us for the opportunity to make a unique Christmas decoration by recycling & folding an old book. See www.anzaraclark.com for samples of Anzara's creative work with paper. ****Please register if attending** 1pm-4pm Saturday 24 November. Downstairs Classroom**

Repair Café

Did you watch *War on Waste*? Why not join the join the repair-don't-replace movement! If you would like to be involved please let us know. Please see www.facebook.com/FixItCommunity

 The PHCC acknowledges the valuable support of the City of Yarra & Princes Hill Secondary College.



A special thankyou to volunteers and the Princes Hill News Agency
Hire of Facilities Enquiries: enquiries@princeshill.org.au

Volunteers - Please contact us to get involved.

LOCAL HISTORY

Victorian Grandeur History Walk Guide: *Jeff Atkinson*.

Explore South Carlton's historic streets to learn about the best examples of 19th century 'boom architecture', designed in the 1850's by Robert Hoddle. Walk featured in the 2018 Victorian Seniors Festival.

Saturday 20 October 2018, 10am-12 noon. Cost \$10
Start: Corner of Grattan and Drummond Streets, Carlton

Melbourne General Cemetery Walk Guide: *Jeff Atkinson*

Join Jeff, a local historian and author, and tour through the historic Melbourne Cemetery to learn about some of the fascinating and notorious characters buried there.

Saturday 6 October 2018, 10am-12 noon. Cost \$10.
Start: Princes Hill Community Centre, 5 Bagung Lane

*Both walks are part of the 2018 Victorian Seniors Festival and are presented by the Princes Hill Community Centre & Carlton Community History Group.



**CARLTON
COMMUNITY
HISTORY
GROUP**

Recording the Past and Present for the Future

MUSIC

String Group TM4 ** Co-ordinator: *Dianna Walpole*.

For beginners and returning musicians of violin, viola, cello or bass. BYO instrument, music stand and sense of humour. Music supplied, all ages welcome.

Upstairs Studio Friday evenings (fortnightly) 6:30pm-8pm
Remaining Semester 2 Dates: 7, 21 Sept; 12, 26 Oct; 9, 23 Nov; 7 Dec. \$7 per session or \$45 for semester

Ukulele for Beginners TM7 ** **NEW 2019**

Tutor: *Teresa Batten*. Learn basic ukulele chords and tunes in this fun community class workshop. All welcome – please contact the Centre to register your interest.

****2019 Dates & Cost TBC****

EB = Early Bird prices apply to all enrolments and payments completed **ONE WEEK** before class commences. Payments may be by direct debit, cash or cheque. Enrolment form and payment details are available on the website.

Venue Hire: Studio & Classroom spaces available for independent hire - please contact PHCC for details. Limited times are available for the **PHSC Gym**.

Please note that the PHCC is an early 19th Century building and regrettably does not have disability access



PRINCES HILL COMMUNITY CENTRE

Semester 2, 2018

DAY, EVENING & WEEKEND CLASSES & WORKSHOPS

Celebrating our 43rd year as your community centre



Rear 270 Macpherson St. / 5 Bagung Lane
Princes Hill 3054 Ph. 9387 7740
Melways Ref: 29H12

Map available on our website

Email: enquiries@princeshill.org.au
For information & to enrol go to
www.princeshill.org.au

Office Hours during school terms
Mondays 10:30:2:30pm, Tuesdays 10:30am - 4:00pm

EB = Early Bird rate applies to enrolments received & paid one week in advance of start of program